

2026 Connect with Nature Events



"Connect with Nature because it benefits both our physical wellbeing and mental health; doing something green and sustainable for our environment; appreciate the beauty and wonder of our natural world; and of course, to breath some fresh Cornish air". – Rowena Castillo-Nicholls



Connect with Nature is a non-profit group. We are a friendly group of nature and wildlife enthusiasts, of all ages, from all backgrounds, interested in bird-watching, butterfly-watching, learning new things, discovering new interests, meeting like-minded people, and having loads of fun. All events are free, fully-funded by Rowena Castillo-Nicholls. Everyone is welcome to attend.

Aims of Connect with Nature:

- To raise awareness and advocate on "Sustainable Development Goals number 3", which is "Good Health and Wellbeing".
- To encourage people to connect with nature because it benefits both our physical wellbeing and mental health.
- To raise awareness on the importance of wildlife.
- To do something green and sustainable for our environment.
- To appreciate the beauty and wonder of our natural world.
- To meet like-minded people with the same passion and interest for nature and wildlife.

Projects of Connect with Nature:

- 1) Bird-watching Fieldtrips
 - Birdwatching at Mevagissey Harbour
 - Birdwatching at Ruan Lanihorne
 - Birdwatching at Towan Head Newquay
- 2) Butterfly-watching Fieldtrips
 - Various locations in Cornwall
- 3) Moth Trapping Evenings
 - Various locations in Cornwall
- 4) Wildlife Recording and Monitoring
 - Butterfly Recording at Woodland Valley Farm
 - Butterfly Recording at Trewithen Garden
 - Butterfly Recording at Lanjeth Nursery and Water Garden
- 5) Talk and Presentation
 - Talk and Presentation on "*A Decade of Chough Watching*"
 - Talk and Presentation on "*Butterflies in Cornwall*"
- 6) Butterfly Education Kits Giveaway
 - Various Primary Schools in Cornwall
- 7) Beach Clean and Litter-picking
 - Various beaches in Cornwall
- 8) Raising awareness on the importance of wildlife through "*Wildlife Matters*"

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JANUARY

New Year's Day Birdwatching

Date: Thursday, 1 January 2026

Time: 10:30am to 12:30pm (2 hours)

Location: TBC

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Mevagissey Harbour

Date: Sunday, 11 January 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Mevagissey Harbour

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Ruan Lanihorne

Date: Sunday, 18 January 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Ruan Lanihorne, Roseland Peninsula

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Big Garden Birdwatch

Date: Friday, 23 January 2026

Time: 1:00pm to 2:00pm and 2:00pm to 3:00pm

Location: Lanjeth Nursery and Water Gardens

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Towan Head, Newquay

Date: Sunday, 25 January 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Towan Head, Newquay

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

FEBRUARY

Birdwatching at Mevagissey Harbour

Date: Sunday, 8 February 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Mevagissey Harbour

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Love Your Beach - Beach Clean, Rockpooling and Birdwatching

Date: Saturday, 14 February 2026

Time: 10:00am to 12:00pm (2 hours)

Location: TBC

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Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Ruan Lanihorne

Date: Sunday, 15 February 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Ruan Lanihorne, Roseland Peninsula

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Towan Head, Newquay

Date: Sunday, 22 February 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Towan Head, Newquay

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

MARCH

Birdwatching at Mevagissey Harbour

Date: Sunday, 8 March 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Mevagissey Harbour

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Ruan Lanihorne

Date: Sunday, 15 March 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Ruan Lanihorne, Roseland Peninsula

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Towan Head, Newquay

Date: Sunday, 22 March 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Towan Head, Newquay

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

APRIL

Birdwatching at Mevagissey Harbour

Date: Sunday, 12 April 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Mevagissey Harbour

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Ruan Lanihorne

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Date: Sunday, 19 April 2026
Time: 10:30am to 12:30pm (2 hours)
Location: Ruan Laniorne, Roseland Peninsula
Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Towan Head, Newquay

Date: Sunday, 26 April 2026
Time: 10:30am to 12:30pm (2 hours)
Location: Towan Head, Newquay
Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

MAY

International Dawn Chorus Day

Date: Sunday, 3 May 2026
Time: 5:00am to 7:00am (2 hours)
Location: Ruan Laniorne, Roseland Peninsula
Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Mevagissey Harbour

Date: Sunday, 10 May 2026
Time: 10:30am to 12:30pm (2 hours)
Location: Mevagissey Harbour
Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Ruan Laniorne

Date: Sunday, 17 May 2026
Time: 10:30am to 12:30pm (2 hours)
Location: Ruan Laniorne, Roseland Peninsula
Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Towan Head, Newquay

Date: Sunday, 24 May 2026
Time: 10:30am to 12:30pm (2 hours)
Location: Towan Head, Newquay
Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Moth Night

Date: TBC (weather dependent)
Time: 7:00pm until midnight
Location: TBC. Limited number. Booking Essential. Contact Rowena to book:
ilovecornwall8@yahoo.com
Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

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Butterfly-watching at Bunny's Hill

Date: TBC (weather dependent)

Time: 10:30am to 12:30pm

Location: Bunny's Hill near Bodmin

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Butterfly-watching at Perran Sands / Penhale Sands

Date: TBC (weather dependent)

Time: 10:30am to 12:30pm

Location: Perran Sands / Penhale Sands near Perranporth

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



JUNE



Birdwatching at Mevagissey Harbour

Date: Sunday, 14 June 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Mevagissey Harbour

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Ruan Lanihorne

Date: Sunday, 21 June 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Ruan Lanihorne, Roseland Peninsula

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Towan Head, Newquay

Date: Sunday, 28 June 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Towan Head, Newquay

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Moth Night

Date: TBC (weather dependent)

Time: 7:30pm until midnight

Location: TBC. Limited number. Booking Essential. Contact Rowena to book:

ilovecornwall8@yahoo.com

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Butterfly-watching at Perran Sands / Penhale Sands

Date: TBC (weather dependent)

Time: 10:30am to 12:30pm

Location: Perran Sands / Penhale Sands near Perranporth



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Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



JULY



Birdwatching at Mevagissey Harbour

Date: Sunday, 12 July 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Mevagissey Harbour

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Ruan Lanihorne

Date: Sunday, 19 July 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Ruan Lanihorne, Roseland Peninsula

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Towan Head, Newquay

Date: Sunday, 26 July 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Towan Head, Newquay

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Moth Night

Date: TBC (weather dependent)

Time: 8:00pm until midnight

Location: TBC. Limited number. Booking Essential. Contact Rowena to book:

ilovecornwall8@yahoo.com

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Butterfly-watching at Pentire Head, Newquay

Date: TBC (weather dependent)

Time: 10:30am to 12:30pm

Location: Pentire Head, Newquay

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



AUGUST



Birdwatching at Mevagissey Harbour

Date: Sunday, 9 August 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Mevagissey Harbour

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



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Birdwatching at Ruan Lanihorne

Date: Sunday, 16 August 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Ruan Lanihorne, Roseland Peninsula

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Towan Head, Newquay

Date: Sunday, 23 August 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Towan Head, Newquay

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Moth Night

Date: TBC (weather dependent)

Time: 8:00pm until midnight

Location: TBC. Limited number. Booking Essential. Contact Rowena to book:

ilovecornwall8@yahoo.com

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Butterfly-watching at Rosenannon Downs

Date: TBC (weather dependent)

Time: 10:30am to 12:30pm

Location: Rosenannon Downs near St Wenn, Bodmin

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



SEPTEMBER



Birdwatching at Mevagissey Harbour

Date: Sunday, 13 September 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Mevagissey Harbour

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Ruan Lanihorne

Date: Sunday, 20 September 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Ruan Lanihorne, Roseland Peninsula

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Towan Head, Newquay

Date: Sunday, 27 September 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Towan Head, Newquay



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Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



2026 Marine Conservation Society's Great British Beach Clean, Rockpooling, and Birdwatching



Date: Sunday, 27 September 2026



Time: 12:00pm to 2:00pm (2 hours)



Location: TBC



Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Moth Night



Date: TBC (weather dependent)



Time: 7:30pm until midnight



Location: TBC. Limited number. Booking Essential. Contact Rowena to book: ilovecornwall8@yahoo.com



Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



OCTOBER



Birdwatching at Mevagissey Harbour



Date: Sunday, 11 October 2026



Time: 10:30am to 12:30pm (2 hours)



Location: Mevagissey Harbour



Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Ruan Lanihorne



Date: Sunday, 18 October 2026



Time: 10:30am to 12:30pm (2 hours)



Location: Ruan Lanihorne, Roseland Peninsula



Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Towan Head, Newquay



Date: Sunday, 25 October 2026



Time: 10:30am to 12:30pm (2 hours)



Location: Towan Head, Newquay



Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



NOVEMBER



Birdwatching at Mevagissey Harbour



Date: Sunday, 8 November 2026



Time: 10:30am to 12:30pm (2 hours)



Location: Mevagissey Harbour



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Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Ruan Lanihorne



Date: Sunday, 15 November 2026



Time: 10:30am to 12:30pm (2 hours)



Location: Ruan Lanihorne, Roseland Peninsula



Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Towan Head, Newquay



Date: Sunday, 22 November 2026



Time: 10:30am to 12:30pm (2 hours)



Location: Towan Head, Newquay



Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



DECEMBER



Birdwatching at Mevagissey Harbour



Date: Sunday, 13 December 2026



Time: 10:30am to 12:30pm (2 hours)



Location: Mevagissey Harbour



Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Christmas Dinner and Fun Wildlife Quiz



Date: Sunday, 13 December 2026



Time: 1:00pm to 3:00pm (2 hours)



Location: TBC. Booking essential. Contact Rowena to book:



ilovecornwall8@yahoo.com



Organisers: Rob Nicholls and Rowena Castillo-Nicholls



Birdwatching at Ruan Lanihorne



Date: Sunday, 20 December 2026



Time: 10:30am to 12:30pm (2 hours)



Location: Ruan Lanihorne, Roseland Peninsula



Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Christmas Day Beach Clean, Rockpooling, and Birdwatching



Date: Friday, 25 December 2026



Time: 12:00pm to 2:00pm



Location: TBC



Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls



Boxing Day Beach Clean, Rockpooling, and Birdwatching



Date: Saturday, 26 December 2026



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Time: 1:00pm to 3:00pm

Location: TBC

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Birdwatching at Towan Head, Newquay

Date: Sunday, 27 December 2026

Time: 10:30am to 12:30pm (2 hours)

Location: Towan Head, Newquay

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

More Events...

Keep an eye on our Website and Social Media for “Ad Hoc” events. For any inquiries, please contact Rowena via email: ilovecornwall8@yahoo.com.

Contact Person

Rowena Castillo-Nicholls: Founder and Chair, Event Organiser

Mobile No: 07711105485

Email Address: ilovecornwall8@yahoo.com

Rob Nicholls: Health and Safety Officer, Walk Leader

Mobile No: 07469886005

Email Address: robthebaron@yahoo.co.uk

Website and Social Media

Website: www.ilovecornwall8.com/connect-with-nature

Facebook Page: www.facebook.com/ConnectWithNatureWithRowena

Instagram: www.instagram.com/cwnwrowena

YouTube Channel: www.youtube.com/c/ILoveCornwall8/videos

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Birdwatching at Mevagissey Harbour

Date: Every Second Sunday of the Month

Time: 10:30am to 12:30pm (2 hours)

Location: Mevagissey Harbour

Meeting Place: What3Words - ///sleepers.irrigate.belonging

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Event is Free. Everyone is welcome to attend. Booking is essential. To book, please contact Rowena via email: ilovecornwall8@yahoo.com.

Rowena brings coffee, tea, biscuits and cakes. You are welcome to join us after the event for a cuppa and a slice of cake or just to have a chat.

Direction to Mevagissey Lighthouse Quay Car Park:

Follow the one-way system into the heart of the village and proceed along Church Street. When you reach the cobbled area on the left, follow those cobbles until the harbour appears in front of you. Turn right at this point (straight ahead is private parking) and go straight on. About 50 yards past the jetty, on your right you will find the parking bays for disabled drivers. Bearing left you will pass the Toilets and then the Aquarium, after which you may park in any of the areas indicated above.

Parking at Mevagissey Lighthouse Quay Car Park:

You can drive straight onto the harbour. There are some 60++ parking spaces. There is a ticket machine in the main parking area and your payment allows you to park either there, on your right after the Aquarium, or on the Lighthouse Quay itself. Please bring coins for parking.

Parking is also available at Willow Car Park:

Willow Car Park, Valley Road, Mevagissey, Saint Austell, PL26 6SB

Please check our website and social media prior to the event in case of cancellation due to weather conditions or change of date and time. Please wear suitable clothing and shoes. Bring binoculars; pen and paper to list the wildlife you see; something to sit on (optional); and sunscreen / sunblock in the summer. No dogs please.

Some of the Birds we've seen at Mevagissey Harbour:

Purple Sandpiper, Great Northern Diver, Caspian Gull, Sandwich Tern, Guillemot, Razorbill, Black Headed Gull, Buzzard, Canada Goose, Carrion Crow, Cormorant, Ferral Pigeon, Fulmar, Gannet, Great Black-backed Gull, Grey Heron, Herring Gull, Jackdaw, Kestrel, Mallard Duck, Oystercatcher, Pied Wagtail, Raven, Rock Pipit, Rook, Shag, Starling, Turnstone, and a lot more...

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Birdwatching at Ruan Lanihorne

Date: Every Third Sunday of the Month

Time: 10:30am to 12:30pm (2 hours)

Location: Ruan Lanihorne, Roseland Peninsula

Meeting Place: What3Words - ///parsnips.switch.curable

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Event is Free. Everyone is welcome to attend. Booking is essential. To book, please contact Rowena via email: ilovecornwall8@yahoo.com.

Rowena brings coffee, tea, biscuits and cakes. You are welcome to join us after the event for a cuppa and a slice of cake or just to have a chat.

Please check our website and social media prior to the event in case of cancellation due to weather conditions or change of date and time. Please wear suitable clothing and shoes. Bring binoculars; pen and paper to list the wildlife you see; something to sit on (optional); and sunscreen / sunblock in the summer. No dogs please.

Some of the Birds we have seen at Ruan Lanihorne:

Purple Heron, Black-winged Stilt, Sociable Lapwing, Glossy Ibis, Ruff, Osprey, Marsh Harrier, Black-headed Gull, Buzzard, Canada Geese, Carrion Crow, Common Sandpiper, Cormorant, Curlew, Dunlin, Goldcrest, Golden Plover, Great Black-backed Gull, Greenshank, Grey Heron, Grey Wagtail, Herring Gull, Jackdaw, Kingfisher, Lapwing, Lesser Black-backed Gull, Little Egret, Little Grebe, Mallard, Mute Swan, Raven, Redshank, Ringed Plover, Rook, Shelduck, Skylark, Snipe, Starling, Stonechat, Teal, Wigeon, and a lot more...

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Birdwatching at Towan Head, Newquay

Date: Every Fourth Sunday of the Month

Time: 10:30am to 12:30pm (2 hours)

Location: Towan Head, Newquay

Meeting Place: What3Words - ///spoken.stormy.stirs

Fieldtrip Leaders: Rob Nicholls and Rowena Castillo-Nicholls

Event is Free. Everyone is welcome to attend. Booking is essential. To book, please contact Rowena via email: ilovecornwall8@yahoo.com.

Rowena brings coffee, tea, biscuits and cakes. You are welcome to join us after the event for a cuppa and a slice of cake or just to have a chat.

Please check our website and social media prior to the event in case of cancellation due to weather conditions or change of date and time. Please wear suitable clothing and shoes. Bring binoculars; pen and paper to list the wildlife you see; something to sit on (optional); and sunscreen / sunblock in the summer. No dogs please.

Some of the Birds we've seen at Towan Head, Newquay:

Purple Sandpiper, Great Northern Diver, Guillemot, Razorbill, Sandwich Tern, Great Shearwater, Gannets, Kittiwake, Fulmar, Black Redstart, Wheatear, Black-headed Gull, Carrion Crow, Cormorant, Ferral Pigeon, Fulmar, Gannet, Great Black-backed Gull, Herring Gull, Jackdaw, Little Egret, Magpie, Oystercatcher, Rock Pipit, Shag, Starling, Stonechat, Turnstone, Whimbrel, and a lot more...

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Happy Birdwatching!



Rob and Rowena

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