

Continue up the field and, after going through the gate at the top, turn right. Keeping the hedge to your right, pass through a further gate onto the tarmac road beyond. Carry straight on and continue past Higher Devoran Farm to cross the bridge over the Carnon Downs bypass.

The footpath on the right just before the bridge **4** was called 'Deadman's Lane', apparently recalling the murder of a traveller by a brutal highwayman in the 18th century. It was said that there was a rock at the side of the path forever stained red by the man's blood.

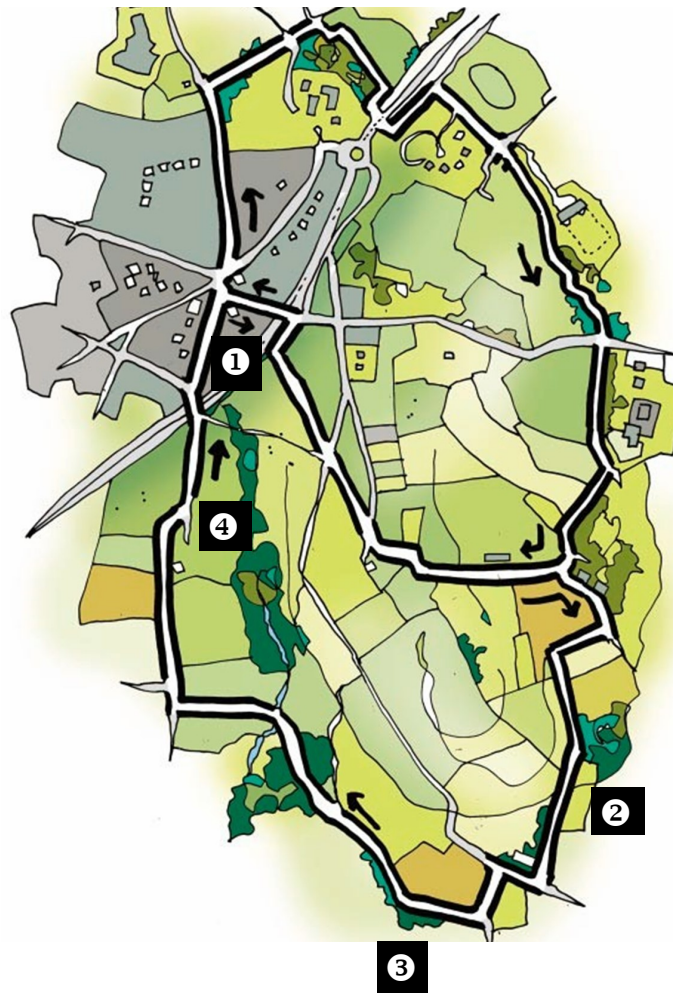
At the far end of the bridge take the footpath on the right and, following this main path, you'll soon be back to the starting point at the village centre.



From Feock Parish Council leaflet who had the support of the Heritage Lottery Fund.



## Route Map



## Carnon Downs Walk 2

### WALK INFO

#### Start point:

Carnon Downs  
Village Hall



#### Duration:

Approximately  
1.5 to 2 hours

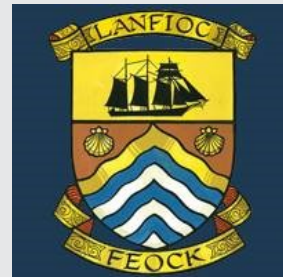
#### Grading:

Undulating walk with  
open fields sections  
and some stiles. Can  
be muddy after rain.



#### On the way...

Some of the best  
views of Restronguet  
Creek and the  
Carrick Roads.



For more information please call  
Visit Truro 01872 274555  
[www.visittruro.org.uk](http://www.visittruro.org.uk)

Feock Parish  
[www.feockpc.com](http://www.feockpc.com)

## Public Transport:

First Kernow U1 or L1 & Go Cornwall 46 to Carnon Downs

## Nearest Toilets and Disabled Toilets

None

## Nearest Car Parks and Nearest Car

### Parks with disabled provision

Carnon Valley Car Park

## Nearest Refreshments:

Carnon Inn (01872) 863370

Carnon Downs Garden Centre (01872 863058)

# DETAILED WALK DESCRIPTION

The route starts at the entrance of the Village Hall, **1** and then takes the Tregye Road to pass over the bypass bridge. Just over the bridge turn right along a tarmac footway, and through the pedestrian gate.

Keep the hedge on your left, and as the path passes the old stables you may appreciate that this was once the broadest road on the Feock Parish tithe map. It linked Carnon Downs with the important routes at Tresithick and was used as a mule track taking goods for the mines at Gwennap and Kea to and from the quays at Point and Penpol.

At the gateway, cross the main Point Road and take the footpath opposite and adjacent to the Cats Protection League property. Continue along this track and, when joining the main Tresithick Lane, turn right and follow it round a number of bends to then proceed down the hill.

At the gateway by the tree-house you get the first of many far reaching views of the Carrick Roads and further on to the St Anthony Lighthouse in the distance.

The path continues down through the cottages of Tresithick. This was an important junction of tracks and paths linking Tregye, Penpol, Tregoose and Carnon Downs. Bear right to pass in front of the overgrown barn seen on your right and, immediately past this, turn right into the field. Take the path at the right hand field edge and continue into the trees.

Cross over the **3** into the open field beyond, passing between fenced paddocks and on towards a further hedge/stile situated at the brow of the hill.

From this stile **2** you will see one of the finest views of Restronguet Creek and the Carrick Roads. Picture the scene of a November day in 1860 when 200 vessels were in the harbour sheltering from a south westerly storm and it is easy to imagine why Restronguet was a centre for

Again follow the right hand boundary of the field and join the Point Road at Tregoose. Turn right on Point Road and pass in front of thatched Tregoose Farmhouse. Take the next road on the left which leads down towards Chycoose Farm.

A little way down the hill take the track to the right at the sign to 'Silent Waters', once again catching magnificent views of Restronguet Creek.

As you view this tranquil scene, overlooking the creek **3** it is hard to imagine the creek as it was in the 18th and 19th centuries. There was a hive of industrial activity involving busy docks, mines and smelters as depicted in this painting by T May.



Follow along the track to the end and cross over the stile at the right of the gate. Shortly after the gate, bear left, to take the footpath diagonally across the field to enter the woods at a stile between the two pairs of electricity poles.

Follow the path down through the wood, making gently towards the stream. At the bottom, take a narrow uneven path above the stream, leaving the field hedge to your right and, as you reach a gate in the hedge, turn left over the stream crossing the

